

ROUTE SUMMARY & INSTRUCTIONS

- Based on OS Landranger 2cm=1km. Maps 141, 142, 153
- Meet at **Kelmarsh Hall** to start run at **10.30am**
- Route through Desborough, stopping at Triangular Lodge, thence to Geddington, Grafton Underwood, past Boughton House, Slipton, Twywell, Thrapston, Titchmarsh, Clopton, RAF Molesworth, Old Weston, Catworth, Covington, Tilbrook (**White Horse** lunch stop).
- Thereafter to Kimbolton, Pertenhall, Keysoe, Riseley, Melchbourne for afternoon stop at **RC Moss** before taking quick route home.

Postcodes for satnav:

White Horse **PE28 0JP**
RC Moss **MK44 1BQ**

Philip Strickland mobile (not able to hear or answer if driving!): **07836 525813**

DIRECTIONS

1. Leave **Kelmarsh Hall** out of exit turn left onto **A508**.
2. Half Mile **R** to **Arlingworth**.
3. **2** miles through **Arlingworth** follow signpost to **Desborough**. (Cattle-grid road – care!)
4. **3** miles '**T**' **R** (sign to **Desborough** down) to **Desborough**.
5. **600m** '**T**' **R** to **Desborough**.
6. **Almost immediately L** to **Desborough High Street**.
7. **Almost immediately L** (just past **The George pub on left and before Dragon City food outlet**), into **Station Road** (Narrow road, two-way traffic – care).
8. At roundabout, **2nd off** on to **Rushton Road** (follow signs to **Triangular Lodge**)
9. **2** miles arrive at **Triangular Lodge on Right**. (Sorry – no off-road parking available, so park on grass verge) and make your way into Lodge (English Heritage site. Small entry fee on own account).
10. **1** mile continue to **Rushton L** into **Station Road**.
11. **Keep left of Thornhill Arms**, continue to follow signs to **Newton/Geddington**, under railway bridge.
12. Speed HUMPS! Continue **2** miles to junction with **A6003 – R** (Extreme caution – two part road junction!) signpost Corby/Kettering but downhill to roundabout.
13. **2nd off** roundabout **Newton/Geddington** road.
14. **1.5** miles through **Newton** to **Geddington**.
15. **1** mile – pass **Dovecote Farm** (or visit if you wish) on right.
16. **At Geddington** – note Queen Eleanor Cross on right.
17. Continue to junction of **A43, SO (caution!)** continue to **Grafton Underwood**.
18. **2** miles pass Boughton House on right, continue.
19. **1** mile pass **USAF War Memorial** on **L** (stop to view if desired).

20. At 'T' R in **Grafton Underwood**.
21. **1.5 miles L to Slipton**.
22. **200 metres** before entering **Slipton, R to Twywell**.
23. Through **Twywell (very narrow – care!)**, follow signs to **Thrapston (Islip)**.
24. **2 miles** to **Thrapston**, at roundabout **SO to Islip**, continue through town over narrow bridge.
25. At roundabout with **A605 SO to Titchmarsh**.
26. **NOTE: Signs point to Business Park/Industrial Estate but follow these!**
27. At **Titchmarsh 'T' R**, follow signs to **Clopton** (Note: impressive Church of St Mary the Virgin on right).
28. At **Clopton 'T' R** on **B662** towards **RAF Molesworth and Old Weston**.
29. Continue through **Old Weston** – follow signs to **Catworth**.
30. **2 miles L** to **Catworth B660**. Continue over top of **A14** to **Catworth (Note: tight entry road and sharp left and right hand bends in village)**.
31. **1.5 miles R** to **Covington** (narrow uneven road).
32. Follow **Tilbrook, Kimbolton** signs to **'T' L** onto **A45** to **Kimbolton**.
33. **300 metres L** into **White Horse Inn** – park as directed. LUNCH on own account.
34. **14.30hrs:** leave **White Horse L on A45** into **Kimbolton (CAUTION! This historic town is dominated by Kimbolton Castle, now a school, hence difficult tight right and left hand bends each end of High Street)**.
35. On leaving **Kimbolton** follow signs to **Pertenhall**.
36. **400 metres R** into **Park Lane, B660** signposted to **Pertenhall**.
37. Remain on **B660** to **Keysoe**.
38. **2 miles** (on slight hill ascent) **R** to **Riseley**.
39. **3 miles** enter **Riseley** on long downhill to **'T' R** signposted to **Swineshead, Melchbourne**.
40. Exit village **1 mile L** to **Melchbourne, Yelden**.
41. **1 mile 'T' L** to **Yelden**.
42. **1.5 miles L** at **St Johns Arms** pub into **Melchbourne**.
43. **300 metres** – descend hill slowly as RC Moss entrance is just beyond right hand bend.
44. **R** into **RC Moss** and park as directed.
45. **Full tour of Moss workshops and cars**, courtesy of Graham & Vicky Moss and all staff.

Leave at your leisure. Those wishing to return to Kelmarsh Hall for dinner may wish to take fast route back as below.

FAST ROUTE BACK TO KELMARSH HALL

1. Leave **RC Moss L** out of exit to **St. Johns Arms**.
2. **'T' L** to **Yelden** (also spelt Yielden) narrow winding village road.
3. Leave village and continue **1 mile** to **'T' R** and **R** again follow signs to **Caldecott/Chelveston. GREAT CAUTION at this junction**.
4. **1.5 miles** to **Caldecott/ Chelveston**. Follow signs to **Raunds B663**. Continue through **Raunds** to junction with **A605**.
5. **R** on to **A605** to **Thrapston**.
6. At **Thrapston, L** onto **A14** and remain on **A14** to **Rothwell** exit.
7. In **Rothwell**, follow signs to **Desborough A6** (signposted to Market Harborough).

8. At **Desborough** pass junction with **George Pub** (noted on outward journey on right as landmark only) and take next L to **Arlingworth**.
9. Through **Arlingworth** back to **Kelmarsh Hall** (see outward instructions in reverse if in doubt).

RUN ENDS – Have fun and good luck!

Story of Triangular Lodge

This delightful triangular building was designed by Sir Thomas Tresham (father of one of the Gunpowder Plotters) and constructed between 1593 and 1597.

It is a testament to Tresham's Roman Catholicism: the number three, symbolising the Holy Trinity, is apparent everywhere. There are three floors, trefoil windows and three triangular gables on each side.

On the entrance front is the inscription 'Tres Testimonium Dant' ('there are three that give witness'), a Biblical quotation from St John's Gospel referring to the Trinity. It is also a pun on Tresham's name; his wife called him 'Good Tres' in her letters.

Story of Queen Eleanor Cross

In 1290 Eleanor of Castile, the beloved wife of Edward I and mother of his 14 children, died at Harby in Nottinghamshire. The places where her body rested during the journey south to its tomb in Westminster Abbey were marked by stone crosses.

The stately triangular Geddington cross, with its canopied statues surmounted by a slender hexagonal pinnacle, is the best-preserved of only three intact survivors. Other crosses stand at Hardingstone on the southern edge of Northampton, and at Waltham Cross, Hertfordshire.

Story of Kimbolton Castle

Constructed after the Norman conquest and greatly remodelled in the 17th century, it is best known for its associations with Katherine of Aragon.

In the Norman period, a motte and bailey castle was erected at Kimbolton, though not on the same site. When King John granted the Earl of Essex the right to hold a market at Kimbolton, a new castle was built, at the opposite end of a market place from the parish church. No trace of this 13th century castle remains, but it stood on the site of the current castle.

In the 1520s the medieval castle was rebuilt as a Tudor manor house by the Wingfield family. It was to this manor house that Katherine of Aragon was exiled in 1534 when she refused to accept her marriage annulment with Henry VIII.

Katherine's health suffered badly from the damp climate of the nearby fens, and she died less than four years later, in January 1538. Henry's response when hearing of her death was 'Praise be to God!'